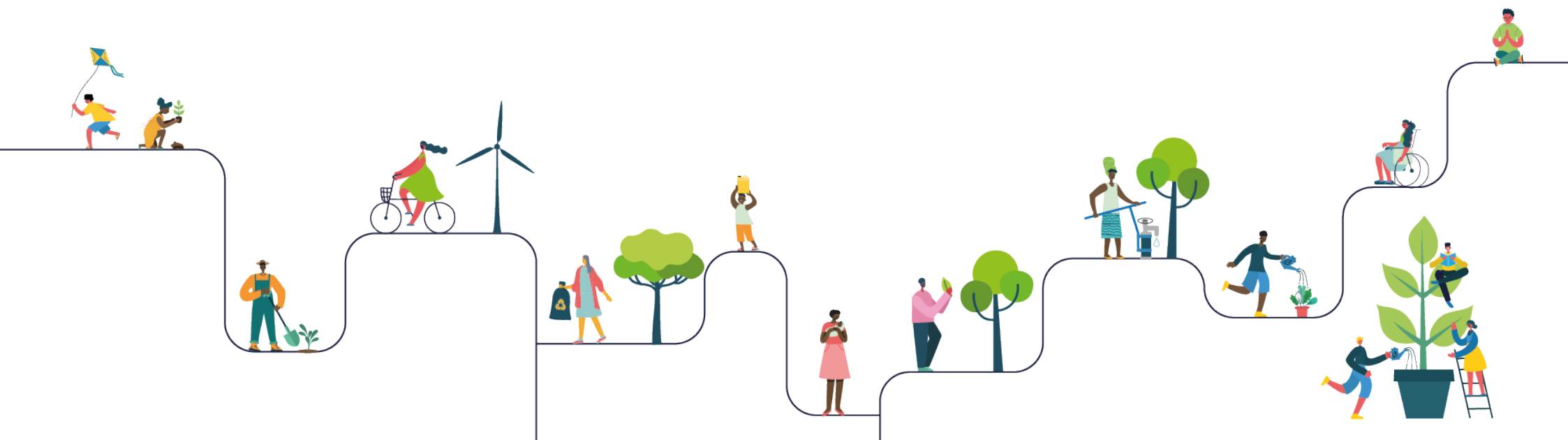


LiveSimply

NAME OF SCHOOL : St. Mary's College Preparatory School
CONTACT NAME : Miss Paula Walton



The **Live**Simply action planning form

Please refer to the **LiveSimply** action planning guide for details on how to fill out this planning document.

<p>GLOBAL</p>	<p>Description of action: Living in Solidarity/Living Simply/Living Sustainably CAFOD Big Lent Walk to raise money for CAFOD Lent campaign 2024. We will walk to our school games field and end with a family picnic. Parents will be encouraged to then walk home or back to school and be mindful of not using their cars that day.</p> <p>Faith Input: Catholic Social Teaching- Solidarity-Stewardship Use of Fratelli Tutti- be a neighbour for all. Collective worship in year groups about how CAFOD helps our global neighbours through our fundraising to live sustainably. Parable of the Good Samaritan As a whole school, we will learn the Live Simply prayers and add them to our school prayer garden which is in development.</p> <p>Education input: We will use the CAFOD resources to further the pupil's knowledge on how to help our global neighbours in need. Highlight the benefits of exercise and working together.</p>	<p>Description of action: Living sustainably/Living in solidarity School Christmas Jumper Swap Shop. We will hold an event in the school hall where families can bring a pound and swap their jumper. School council and CAFOD Club will drive the campaign and design posters to put around the school.</p> <p>Faith Input: CAFOD resources- Fratelli Tutti and Laudato Si</p> <p>Education input: CAFOD CST- Shristi the Sun Bear (Showing we care) CAFOD World Gifts</p> <p>How can the children be good global neighbours? Start in school and by working together in school with families donating the jumpers, we can raise money to make a difference to our global neighbours by reaching out. Make children aware that no one is out of reach and by working together and showing kindness, we can help others. We will link this to our number one school rule 'Be Kind'.</p>	<p>Description of action: Living sustainably/Living in Solidarity/Living simply We will take part in Extraordinary Earth Project (Students Rebuild) All the children in the school will create a piece of artwork made from recycled materials which will help raise awareness of and deepen connections with many environmental themes such as repurposing waste, deforestation, clean air and eco systems. The Bezos foundation will donate \$5 for every piece of art submitted to various charitable organisations. We will also further our links with Aylum Link and invite the refugees to visit our school.</p> <p>Faith Input: Laudato Si and Fratelli Tutti- being a global neighbour</p> <p>Education input: Caring for and protecting our environment Geographical and environmental awareness Edmund Rice Global Network links</p>
<p>LOCAL</p>	<p>Description of action: Living in Solidarity Take part in White Chapel Centre 'Socktober' campaign. Children will deliver the socks that have been collected to the homeless centre.</p> <p>Faith Input: Laudato Si- Reaching out and caring for our common neighbours Catholic Social Teaching- Human Dignity, solidarity, option for the poor.</p> <p>Education input: Teaching children the impact of being homeless and the importance of supporting and helping those less fortunate than ourselves.</p>	<p>Description of action: Living Sustainably Eco Club members to organise and take part in a beach clean Rubbish collected to be sorted and recycled. We will invite a local MP to be interviewed by Eco Club and our School Council.</p> <p>Faith Input: The story of Creation Laudato Si- Caring for our common home</p> <p>Education input: Science (Recycling) Recognition that we need to look after our earth.</p>	<p>Description of action: Living Simply Carol singing (Prep pupils combines) in the local community- Walton Centre- Blessing of the crib.</p> <p>Faith Input: Advent, reaching out by spreading hope and joy within the local community, including those who are sick. Use Fratelli Tutti from CAFOD website.</p> <p>Education input: Advent Music CAFOD CST Chikondi the giraffe- Thinking of everyone prayer</p>

	<p>A representative will be invited to deliver a whole school assembly about their work with the homeless.</p>		<p>Helping others</p>
<p>SCHOOL</p>	<p>Description of action: Living sustainably/Living Simply Reducing food waste-Year 6 head gardener to monitor and record the daily food waste from our school kitchen. Report back to the rest of the school during weekly whole school assembly. Children to sign a pledge to do their best to reduce waste..</p> <p>Faith Input: Blessed are those who hunger and thirst for righteousness</p> <p>Education input: To help children to understand the impact of food waste on our global neighbours and environment.</p>	<p>Description of action: Living Simply/Living Sustainably World Food Day (October) On World Food Day, all pupils will take part in planting seeds in order to grow food ready to be harvested in the Sprint term. The food will be used in our school kitchen and shared amongst our school families.</p> <p>Faith Input: Inspired by Matthew 25:35 For I was hungry and you gave me food, I was thirsty and you gave me drink I was a stranger and you welcomed me.</p> <p>Education input: Whole School Assembly Cross curricular links to Science (plants) RE- Laudato Si, caring for our common home.</p>	<p>Description of action: Living Simply Grandparents' Mass (November) The children will be reading at the Mass and families and parishioners will be invited back to the school hall for refreshments to continue to celebration</p> <p>Faith Input: Gathering together as a school family for Mass CAFOD prayer cards will be attached to our Mass booklets.</p> <p>Education input: RE topics. The children will have the opportunity to appreciate our older family & community members. Pope Francis urged Christians to bridge the gap between older and younger generations so that the elderly may pass on the "memory of life, the experience of life, the wisdom of life." "In the measure that we can help young people and old people connect, there will be more hope for the future of our society,"</p>

LiveSimply

Criteria for live simply: To take action towards living a simpler lifestyle including slowing down and finding time to pray and reflect, refusing and reducing on what we consume, spending more time on the simpler things in life including reflective time with family and friends, time in nature.

Brief description of main action:

We will take part in World Food Day as a whole school. Each class will plant seeds to harvest in the Spring, for example onions, beans and peas to use in our school kitchen. They will sow the seeds in our raised beds and some will be kept in the poly tunnel.

How will you plan for a wider community engagement?

Alongside this, we will be collecting food for our local food bank. Our School Council will make contact with them to discuss what they need most.

Produce grown will also be available for our school families to use at home.

FAITH | LEARN | ACT

What faith-based resources will you use?

Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials.

Inspired by Matthew 25:35 For I was hungry and you gave me food, I was thirsty and you gave me drink I was a stranger and you welcomed me.

What educational resources will you use?

These can include CAFOD educational resources, or other resources that provide a learning journey.

Whole School Assembly

Cross curricular links to Science (plants)

RE- Laudato Si, caring for our common home.

CST- Poppy the popokotea- Putting people in most need first.

Live Sustainably

Criteria for live sustainably: To take action towards protecting God's creation through personal actions. This can include taking action on how much we use and throw away, supporting the work of eco clubs and other eco initiatives, taking environmentally positive action in the local community.

Brief description of main action:

All the children in the school will create a piece of artwork made from recycled materials which will help raise awareness of and deepen connections with many environmental themes such as repurposing waste, deforestation, clean air and eco systems. Teachers and pupils are encouraged to be thoughtful about how our actions affect both the ecosystems in our backyard and the planet.

How will you plan for a wider community engagement?

We will invite the refugees into our school and present them with the art work. Our choir will sing for them and their choir will also sing for us.

FAITH | LEARN | ACT

What faith-based resources will you use?

Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials.

Laudato Si and Fratelli Tutti resources

What educational resources will you use?

These can include CAFOD educational resources, or other resources that provide a learning journey.

Through this project, children will learn about our environment and things we can do to protect our earth. They will learn about how different parts of the world are impacted by environmental issues in diverse ways. Our goal is to encourage children to be thoughtful about how our actions affect both the ecosystems in our backyard and the planet.

Live in Solidarity

Criteria for live in solidarity: To take direct action to help our global family. This includes campaign action to raise awareness or challenge structures that impact negatively on our global neighbours, fundraising to help communities in need, and other global actions that make a difference to our global family.

Brief description of main action:

We will set up a Christmas jumper swap shop. Families will be contacted and asked to donate an old Christmas jumper. We will then hold an event in the school hall where families can bring a pound and swap their jumper. School council and CAFOD Club will drive the campaign and design posters to put around the school.

Money collected will be donated to CAFOD World gifts to support our global neighbours. As a whole school we will decide which gift/s we will choose.

How will you plan for a wider community engagement?

Families will be invited to take part in the Christmas jumper swap.

CAFOD Prayer cards will be sent home to all families.

FAITH | LEARN | ACT

What faith-based resources will you use?

Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials.

Laudato Si video on CAFOD website and Fratelli Tutti resources along with CST resources.

What educational resources will you use?

These can include CAFOD educational resources, or other resources that provide a learning journey.

We will participate in next year's Laudato Si Week- highlighting the care for our common home and our global neighbours. Our CAFOD Club representatives will deliver the assembly to the rest of the school.

To register for the LiveSimply award, please fill out the form below, and send in your completed action plan to the address below. Upon receipt of your registration we will send you a registration certificate for you to display in your school.

Name of School

St. Mary's College Preparatory School

Address

Blundellsands Rd. West L23 6TF

Headteacher

Mr Jonathan Webster

Contact Name

Miss Paula Walton

Email Address

waltonp@stmarys.lpool.sch.uk

Date 9.10.23

Please email a copy of your plan to schools@cafod.org.uk

**CAFOD Education team,
Romero House,
55 Westminster Bridge Road,
London SE1 7JB.**

Yes, I would like to join an email list for the LiveSimply award where I will receive updates, ideas, links to action and further support.

CAFOD will process information you provide to us on this form for the purposes of sending you resources for the LiveSimply Award. CAFOD will keep some personal details about you on our database so we can stay in contact with you enabling us to administer and manage the LiveSimply award efficiently.

You can change your communication preferences at any time by contacting us at cafod@cafod.org.uk or 0303 303 3030.

CAFOD will never share your data for marketing. For details, see our privacy statement on www.cafod.org.uk/privacy